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CATHOLIC COMMON PRAYER / KINH THƯỜNG DÙNG

PLANNING	Objectives	Agenda
	Student will understand: 1. Prayer connects us with God. 2. Basic forms of prayer.	1. Opening: Scripture reading & reflection 2. Studying Our Faith 3. Discussion 4. Living Our Faith 5. Game
	Assessments	
	How will students show you they have mastered the objective? 1. Able to identify the different form of prayer 2. Distinguish the essence of prayer vs mechanical prayer	
	Key Points 1. Prayer connects us with God. 2. Humility is the foundation of prayer. 3. Effective prayer is patient, persistent, and humble.	
LESSON CYCLE	Opening / Scripture (5 mins)	Materials
	Luke 22:39-46 – The Garden of Gethsemane And He came out and proceeded as was His custom to the Mount of Olives; and the disciples also followed Him. When He arrived at the place, He said to them, “Pray that you may not enter into temptation.” And He withdrew from them about a stone’s throw, and He knelt down and <i>began</i> to pray, saying, “Father, if You are willing, remove this cup from Me; yet not My will, but Yours be done.” Now an angel from heaven appeared to Him, strengthening Him. And being in agony He was praying very fervently; and His sweat became like drops of blood, falling down upon the ground. When He rose from prayer, He came to the disciples and found them sleeping from sorrow, and said to them, “Why are you sleeping? Get up and pray that you may not enter into temptation.”	
	Studying Our Faith (5 mins)	
	1. What did Jesus taught us about prayer? 2. What are the different parables about prayer? What’s the key point from each parable?	
	Discussion (10 mins)	
In his book "The Way to Christ" Pope John Paul II warned against "mechanical prayer" and pointed out the need for self-reflection before prayer. 1. What did he mean “mechanical prayer”? 2. Have you pray mechanically in the past? 3. How can you refrain from “mechanical prayer”? Giải thích cho các em về việc đọc kinh gia đình. Chúa có nói “ở đâu có 2, 3 người cầu nguyện trong danh ta, thì ở đó sẽ có ta.” Group prayer brings people together, and builds community. Nevertheless, we need to be reflective and comtemplative, for example, contemplate on the		

	mystery when praying the rosary.	
	Living Our Faith (10 mins)	Materials
	Reflection – journal writing. Reflect back on an incident where your conscience spoke to you, guiding you to act. <ol style="list-style-type: none"> 1. What did your conscience tell you to do? 2. Is it in accordance with what the Church teaches? 3. Did your action promote love and harmony? 4. Did you feel good afterward? 5. If you were to do it again, would you do it differently? Sharing – encouraged but not forced	Paper and pen
REINFORCEMENT	Practicing Our Faith	Prayer Game
	NOON PRAYER	
	<ul style="list-style-type: none"> • Sign of the Cross • The Angelus (Kinh Truyền Tin) • Examination of Conscience (Kinh Xét Mình) • Act of Contrition (Kinh Ăn Năn Tội) • Spiritual Communion (Kinh Rước Lễ Thiêng Liêng) • Sign of the Cross 	

Prayer Game

Prayer Picture guessing game

1. Jesus in the garden of Gethsemane
2. Importunate friend
3. Importunate widow
4. Pharisee & tax collector
5. Our Father prayer
6. Wherever there are 2, 3 people gather in my name
7. Magnificat
8. Rosary pictures (20)