

## Thánh Kinh Vào Đời – Hiệp Sĩ Life – Listening Skills and Peer Support

### THE POINT

Listening skills are crucial to Knight of Eucharist Team Leader.

### THE POINT, UNWRAPPED

Being a leader requires good listening skills so you can help your peers in crisis.

### WHERE IN THE WORLD

#### John 10:27

<sup>27</sup>My sheep listen to my voice; I know them, and they follow me.

### TEAM BUILDING

#### Listen Carefully

Everyone gets into a circle and one person is designated as the Source. Once the signal is given, the Source relays a message to the person to the right and the person to the right listens to the message and passes the message to the next person. This task is timed. When the message reaches the last person, the team checks to see if the correct message is transmitted and the length of time used. If the message is incorrect, the task is to do it over again until the right message is received. If the correct message is received, the group can brainstorm on how to beat the fastest time.

### DISCUSSION

4. From the Bible quote above –I know them, and they follow me||, what is the significance of the sheep recognizing and listening to the voice?
5. Share a real life event where knowing/trusting the voice/person helped you deal with a specific problem.
6. How has listening to God’s voice helped you through your problems?
7. How can you help your friend through listening?

### TEAM STUDY

In your team, please list the benefits to having good listening skills.

Benefit 1: Fully understand the situation
Benefit 2:
Benefit 3:
Benefit 4:
Benefit 5:

### SUMMARY

The Bible encourages us to listen in everything that we do so that we can follow the path of righteousness. Whether it be listening to your friends to help them overcome their problems, or

listening to your parents, or listening carefully to the words of God in our lives and in the sacred celebration, the ability to listen effectively is a skill. As Knights of Eucharist and a leader, you are called to hone your skills as an effective listener so that you can lead in the light of Jesus.

### **SPIRITUAL CHALLENGE**

This week, you are challenged to spend some time praying before the Eucharist. Your task is to listen to all sounds (internal and external) that you can hear after your prayer. Once you accounted for all the noises that you can possibly hear, focus some more and more sounds will come to you.

### **VIETNAMESE WORDS**

**Listen** – nghe theo, tuân theo, vâng lời

**Righteousness** – tính ngay thẳng đạo đức; sự công bằng, sự chính đáng

**Significance** – sự quan trọng, sự đáng chú ý

